



BROOKE HILL ACADEMY NEWS

A SNAPSHOT OF OUR WEEK.

Lots of great things have been happening in school this week. We have launched our whole school topic on the book 'Journey' which was kickstarted by lots of little explorers coming into school on Monday morning. Many thanks for everyone's efforts in getting dressed up. We have seen some lovely art work, writing and illustrations linked to the book so far. It is lovely to see children of all ages using their imaginations to interpret the pictures in book to tell the story - displays are being populated with work which is lovely to see.

The Always children had a good start to the term with toasted marshmallows and hot chocolate - this is becoming a tradition at the start of each half term. Monday, we also welcomed our Trustees to come and look at school in action. It was lovely to show them our latest projects and share our plans for the upcoming terms to further improve our environment and learning opportunities.

Spotlight dance routines are now in full swing and this performance looks brilliant already. Mrs Jones is busy co ordinating costumes and putting the finishing touches on the routine - I am really looking to seeing the children perform on the stage later this term.

Next week, the school council will be welcoming guests including the High Sherriff to school on Monday to officially opening the new school kitchen which we are very excited about.

Have a lovely weekend,

Mrs O'Shaughnessy

Next Week

MON - KS2 FDS club, Story Telling, KS2 Textiles, Art Club, KS1 Messy Play

TUES - Card Making club, Willow Class Booknic - 3pm

WEDS - Height & Weight Measuring Reception & Y6, KS1 FDS club, Beth Daniel Drama club, Oak & Hazel Class Booknic - 3pm

THURS - World Book Day. KS2 Paper Mache, KS2 Business Enterprise Clubs,

Fri -Y3-6 Girls Biggest Ever Football Session at UCC - 4.30pm

Please note that school led after school clubs will finish at 4.30pm in term 4
Please let the teacher know if your child is unable to attend a club they have signed up for.



HOUSE POINT TOTALS FOR THIS WEEK

Stocks

Castles

Horseshoes

Acorns

888

883

806

763



Parents' Meetings For School Trips

Year 5 Kingswood Residential parents' meeting will be held on Monday 25th March 3.30-4pm

Year 6 London Trip parents' meeting will be held on Thursday 18th April 3.30-4pm.

All information will also be sent out to parents who are unable to attend

National Child Measurement Programme

Every year in England, school children in reception and year 6 have their height and weight checked at school as part of the National Child Measurement Programme. Just a reminder that the school nurses, from the programme will be in school on Wednesday morning to carry out the checks for our reception and year 6 children.

Reminder - KS2 (Years 3-6) **School Dinners**

Please remember to book any dinners required. All dinners must be booked and paid for, on ParentPay, in advance.



HAPPY BIRTHDAY TO EVERYONE WHO HAS HAD A BIRTHDAY THIS WEEK.

Jack, Bella, Rosie, Nell and Jaydon

Absence Notifications

You can notify us of your child's absence via the ParentMail App or by phoning the school on the usual number (01572 724214) selecting option 1 and leaving a message, or emailing the school office.

Whichever method you use please make sure you tell us which class your child is in and the nature of any illness (**poorly or unwell is insufficient**).

You should inform us of your child's absence by 9.05am. at the latest



Phones



If your child brings a phone to school please remind them that they must put it on their teacher's desk, first thing in the morning.

PRIDE OF BROOKE HILL AWARD

Blossom Class - Poppy

Apple Class - Caleb

Willow Class - Arthur

Maple Class - Heather

Acer Class - Reggie

Chestnut Class - Evie

Rowan Class - Seb R

Redwood Class - Wolf

Elder Class - Daisy

Hazel Class - Millie

Oak Class - Torsten

Attendance Awards

Rec/KS1- Maple
KS2 - Hazel

Whole school attendance 95.59 %

Attendance is something we celebrate each week in our Celebration Assembly on a Friday.

We are required to collate and update the attendance figures for the local authority each week.

Going forward we will be monitoring attendance closely to ensure that we are hitting the targets given to the school by the DFE.

Attendance letters for the period 4th September 2023 to 16th February 2024 will be sent home over the next week.

Please note that going forward all term-time holidays of over 5 days will be referred to the local authority as standard.

Special Menus

EXPAND YOUR MIND

World Book Day

Thursday 7th March 2024

Horrid Henry's Hot Dogs

The Witches Snatching Fingers

(Veggie Hot Dog's)

All served with

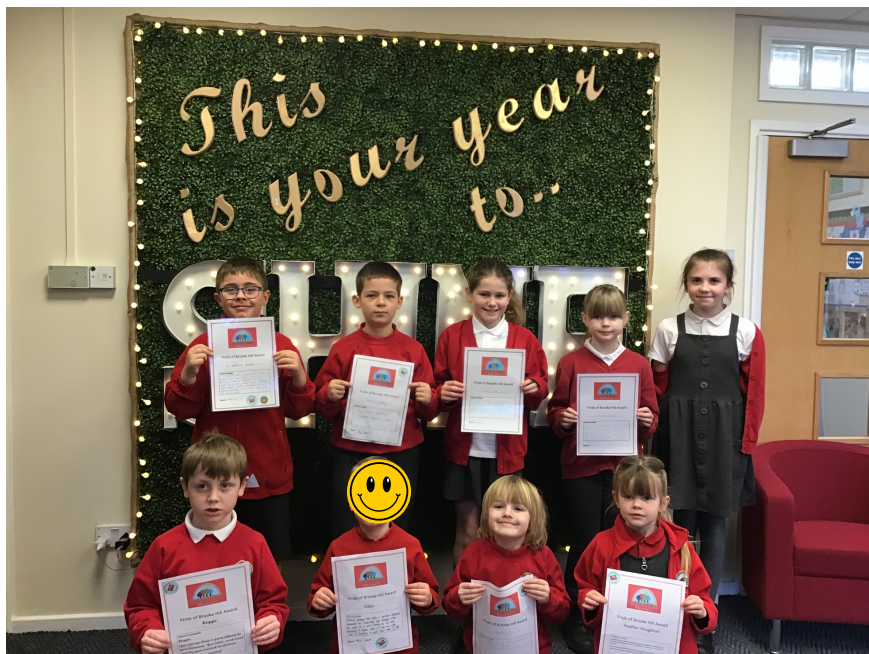
Gruffalo Poisonous Tusks

(Chips)

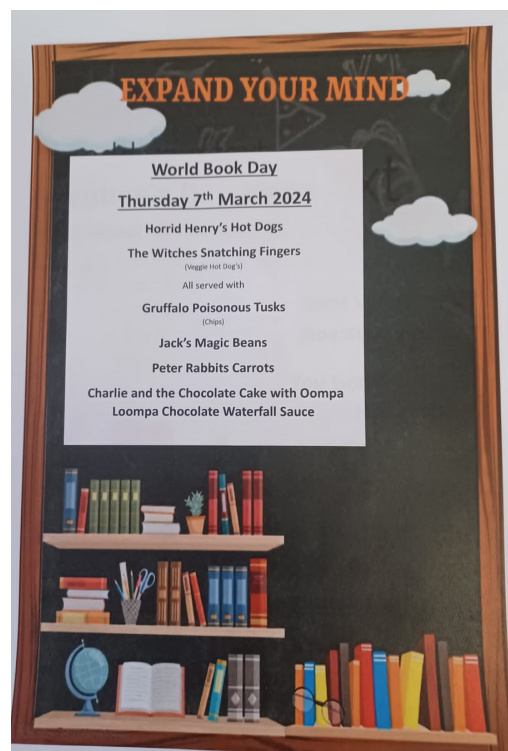
Jack's Magic Beans

Peter Rabbits Carrots

Charlie and the Chocolate Cake with Oompa
Loompa Chocolate Waterfall Sauce



WELL
DONE



Parents' Evenings - Reception to Year 6 - excluding Oak Class

We are holding our Parents' Evenings on Tuesday 19th March and Wednesday 20th March from 15:45 to 18:15.

Bookings are to be made through ParentMail. These will be available to book from 18.00 onwards on Sunday 3rd March and close 3 days prior to the first session.

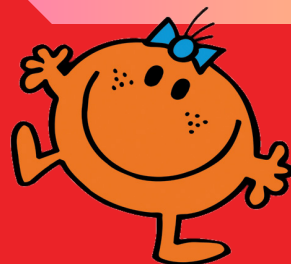
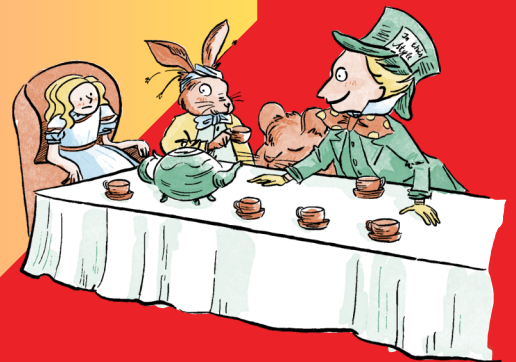
Please look out for the ParentMail notification. If you cannot find a timeslot to suit you please contact your child's class teacher to make an alternative arrangement.

Please note Parents' Evenings for Oak class will be at a later date.



World Book Day

On Thursday 7th March 2024 it will be World Book Day. We're inviting the children to come in dressed as a character from their favourite story.



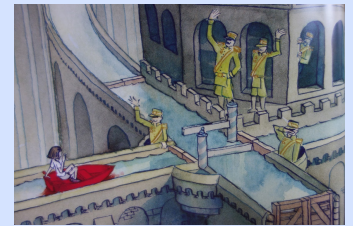
Year 3/4

Well, What a first week back! We've had FDS football in school on Wednesday, providing the children with fun and exciting football skill games. We've continued with our learning about the Victorian Era ;- learning about the British Empire, and we have started putting together our Year 3/4 class assembly for Wednesday 16th March at 2.30pm. We really hope the parents will be able to join us to discover more about the children's learning since Christmas.

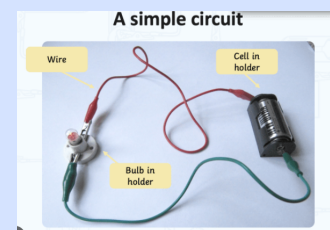
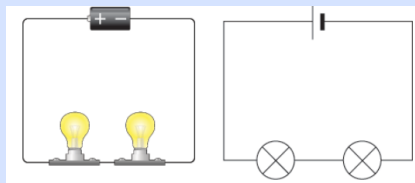


YEAR 5/6

It's been another busy week in Year 5/6. We started our new whole school topic 'Journey' based on the book by Aaron Becker. The children came in on Monday dressed in some fabulous outfits ready to go on a journey. We shared and discussed the book and explored how the illustrator carefully used colour and pictures to make us feel a range of emotions. The children then created similes and metaphors based on these feelings in their books.



In science this week the children have started their new topic 'Electricity'. We discussed that electricity is a form of energy that can be carried by wires and is used for heating and lighting, and to provide power for devices. The children named lots of different Sources of light and sound that need electricity to work as well as a number of appliances that need electricity. The children then created a simple circuit in pairs and explained and matched the symbols for each component. The children then drew the circuit in their books.



You are invited to Brooke Hill Academy BookNics

To celebrate our love of books and reading at Brooke Hill Academy, we invite all parents to our indoor BookNics, Reading Picnics to enjoy with your child or children!

Research shows that social reading environments matter, so holding a Booknic is a perfect chance to read, relax, enjoy a drink and biscuit and discuss books together, to build reading memories and offer support for reading at home.



All BookNics will be held from 3pm-3.30pm in the school hall. Please see below for the dates for each class:

Apple Class- Reception (Mrs Gipson): Wednesday 13th March

Willow Class- Reception/Year 1 (Mrs Lawe): Tuesday 5th March

Maple Class- Year 1/2 (Miss Frost) and Acer Class Year 2 (Mrs Hall) : Tuesday 12th March

Chestnut Class- Year 3/4 (Miss Kerr) and Redwood Class- Year 3/4 (Mr Walden): Thursday 7th March

Rowan Class- Year 3/4 (Mrs Bradford): Thursday 21st March

Elder Class- Year 5/6 (Miss Jackson): Thursday 14th March

Hazel Class (Miss Taylor) and Oak Class (Mrs Stuart): Wednesday 6th March

YEAR 2 AND YEAR 5/6 PARENTS EXCITING ANNOUNCEMENT:

MUSIC CONCERT TUESDAY 19TH MARCH AT 2:30PM IN THE HALL AT SCHOOL!

AS YOU ARE ALREADY AWARE, YOUR CHILD IS CURRENTLY PART OF AN AMAZING PROJECT ORGANISED THROUGH THE NORTHAMPTONSHIRE MUSIC AND PERFORMING ARTS TRUST (NMPAT). THIS 10 WEEK PROJECT PROVIDES THE OPPORTUNITY FOR CHILDREN TO LEARN AN INSTRUMENT FREE OF CHARGE AT SCHOOL.

YEAR 2 CHILDREN ARE CURRENTLY LEARNING THE RECORDER AND YEAR 5/6 CHILDREN ARE LEARNING THE CLARINET. THEY ARE BEING TAUGHT BY PROFESSIONAL CLARINETTIST GARETH HUMPHREYS, WHO IS PART OF THE NMPAT TEAM.

THE CULMINATION OF THE PROJECT WILL BE A SHORT CONCERT WHERE THE CHILDREN WILL SHOWCASE THEIR LEARNING. THE CONCERT WILL LAST APPROXIMATELY 35-40 MINUTES AND WILL TAKE PLACE IN THE SCHOOL HALL ON TUESDAY MARCH 19TH. IT WILL START AT 2:30PM. YOU WILL BE ABLE TO TAKE YOUR CHILD HOME AFTERWARDS.

PERFORMANCE IS A VITAL PART OF LEARNING AN INSTRUMENT SO WE HOPE THAT LOTS OF YOU WILL BE ABLE TO SUPPORT THIS EVENT BY BEING PART OF THE AUDIENCE!



WE LOOK FORWARD TO SEEING YOU THERE.



Key Stage 1

It was lovely to welcome back the children as we started our whole school topic, Journey. It was a great start to the term with the children dressing up - thank you parents and carers! We also had fun with a football workshop on Wednesday.



10 Top Tips on Supporting Children with SELF-REGULATION

Children need to learn to understand and recognise their emotions, while finding healthy ways to process them. Emotional self-regulation, however, depends heavily on age and development. While very young ones or children with special educational needs and disabilities (SEND) may find it particularly challenging to self-regulate, nurturing these important skills can be hugely beneficial. Here are ten top tips for supporting children with their self-regulation.

1. DESIGNATE A TRUSTED ADULT



It's vital that children feel safe and know that there's someone they can always go to for help if they need it. Schedule consistent times for the child to develop a relationship with this person – ideally through play and games – allowing trust to grow and ensuring that the child is more likely to come forward if anything is wrong, rather than hiding their emotions.

2. MEET CHILDREN HALFWAY

Unless you know where a child is developmentally and tailor your approach to their needs, you're less likely to have an impact. In particular, younger ones and children with SEND can struggle to self-regulate and instead rely on others to help them. We call this 'co-regulation'. Rather than offering strategies for self-regulation, it could be better to start co-regulating with a trusted adult first.

3. FACTOR IN THEIR BASIC NEEDS

Remember that for a child to develop emotional regulation skills, their basic needs must be met first. Children who are hungry, tired, cold and so on – as well as those who have experienced adverse childhood experiences – may struggle to self-regulate. Before you develop strategies with any child, make sure they feel safe, secure and comfortable in themselves.

4. REMAIN PATIENT



If a child is struggling with their emotions, it can often become difficult to stay calm. Remember that dysregulation is beyond their control, so a display of frustration or anger could negatively impact the situation. Instead, children need to be met with comfort and understanding to help them manage these problematic feelings.

5. BE 'A DYSREGULATION DETECTIVE



While some children can tell you why they become dysregulated, many others can't. You could investigate potential triggers by observing the child and talking to their family. When the child becomes dysregulated, note down details like the time, what they're doing and who they're with – the trigger may be someone they sit near, an unmet sensory need or something else entirely. Once we identify some triggers, we can help to avoid or overcome them.

6. USE SUITABLE LITERATURE



There are some wonderful books that can help you teach self-regulation to children. Reading these with a child can be especially powerful. Take time to discuss the content: ask questions about what feelings the characters had, why they felt that way and what strategies helped them. It can also be useful to refer back to snippets of these books at appropriate moments.

7. TRY SENSORY RESOURCES



An overlap between sensory needs and emotional regulation is possible. Children may struggle to self-regulate if they're experiencing sensory overload (a noisy classroom, for example). Positive sensory input can help calm them down. Use resources such as weighted blankets and fibre-optic lights. Of course, what works for one child might not work for another – so it's important to offer a choice of resources to discover which they prefer.

8. NURTURE INDEPENDENCE



If you feel it's appropriate, let children try out these strategies alone. Always offer them a choice: they could listen to music when they're feeling stressed, for example, or they could write down their worries or draw something to represent how they feel. This may take time for the child to get used to, so be patient. Encourage them to share any helpful strategies with a trusted adult.

9. MODEL GENUINE FEELINGS



Children learn a lot just from watching grown-ups. Don't be afraid to show your own emotions and self-regulation strategies. While you'll obviously want to avoid sharing anything too personal with children, they should still see us experiencing and handling our own feelings. Tell them how you are feeling, then show them how to respond in a healthy manner.

10. FORMULATE A PLAN



As much as we try to prevent children from experiencing dysregulation, it's always wise to have an appropriate plan for when it *does* happen. Discuss this strategy with the child (if appropriate) and their family. The best approach for an individual child is often a bespoke one; it's hugely important to know in advance what might help and what could worsen the situation.

Meet Our Expert

Georgina Durrant is an author, former teacher, Special Educational Needs Coordinator and the founder of the award-winning SEN Resources Blog, where she shares activities, advice and recommendations for parents and teachers of children with SEND.



#WakeUpWednesday

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