



BROOKE HILL ACADEMY TRUST

28th February 2024

Dear Parents / carers,

In term 4, your child will be involved in Forest Schools sessions on a Monday afternoon starting on Monday 4th of March for 4 weeks. During these sessions we will walk up to the woodlands behind school to explore and enjoy a variety of forest school activities. We really feel the children will benefit hugely from the experience and opportunities presented by this style of learning. A forest schools section of the website is currently being developed that will show more information about the ethos of Forest Schools.

On these days, please send your child to school with their forest schools clothes in a named bag. Depending on the weather please see a list of items your child will ideally need to wear / bring with them on those dates.

- A small healthy afternoon snack such as fruit, cereal bar etc.
- Boots or wellies (the paths can be very muddy)
- Thick socks
- **Long trousers** to protect from stings and scratches
- **Long sleeved top** to protect from stings and scratches
- Jumper or sweatshirt
- Waterproof / warm jacket
- Waterproof over-trousers
- A light water bottle
- A small rucksack / bag (to carry coat, water bottle and healthy snack)
- Hat (sun or winter)
- Gloves

If you have any problems with any of these items, we do have some spares, so please let us know and we can ensure we have time to find anything you are missing if we can. The thickness of clothing will depend on the season and weather conditions. More thin layers are best for warmth and can always be removed if too warm. An extra layer is useful in the rucksack in case the weather changes or the wind has a chill. Even when sunny and warm at the start, a cold wind can make a big difference, and the woodland is shady and exposed to wind across adjoining farmland.

Rain will not cause a cancellation, unless extreme or accompanied by strong winds. Please use old clothes and let your child know that at Forest School they **WILL GET DIRTY** and you don't mind! Sun cream should also be applied if the weather is hot.

If you have any questions please do not hesitate to contact us.

Kind Regards,
Mrs Brown and Mrs Foulkes