



## Early Years Foundation Stage

### Sun Protection Policy

Sun protection is particularly important for babies and young children whose skin is more delicate and easily damaged. Sunburn in childhood doubles your risk of skin cancer in later life.

Children should be adequately protected, when outdoors during hot weather.

Provisions will need to ensure:

- Children wear sunhats, shading their neck, and clothing which is loose and comfortable.
- That children are always protected with an appropriate sun block or a high protection factor sunscreen which parents have provided and labelled with the child's name. If the child's parents have provided written permission the child can have access to the setting's supply of Factor 50 sunblock.
- If parents wish staff to apply lotion written consent must be obtained.
- Children are encouraged to play in the shade particularly during the hottest part of the day between 11am and 3 p.m. On very hot days, if no shaded area is available children may be kept indoors between these times.
- Children are offered additional drinks to avoid dehydration in very hot weather.
- On outings or when visiting other outdoor venues ensure that there are shaded areas for the children to access.

Further information is available from [www.sunsmart.org.uk](http://www.sunsmart.org.uk)

| <b>This policy was adopted on</b> | <b>Signed on behalf of the nursery</b> | <b>Date for review</b> |
|-----------------------------------|--|------------------------|
| <i>08.09.20</i>                   | <i>K.Shephard</i>                      | <i>September 2021</i>  |