



# Brooke Hill Academy's Curriculum Intent and Implementation for PSHE

## **PSHE Intent**

At Brooke Hill Academy our aim is to enable our children to become independent, responsible, healthy and confident members of society. Our PSHE curriculum is embedded in all that we do and is designed to be accessible to all, and to maximise the outcomes for all children, so that they know more, remember more and understand more. It has been built with the aim of supporting the development of the whole child, by helping them to understand how they are developing personally, as well as promoting their social, mental and physical development. Children will be able to develop the ability to tackle the moral, social and cultural issues that are part of growing up. Through our discreet lessons, as well as our wider cross-curricular approach to teaching PSHE, children are taught how to keep themselves safe, both physically and emotionally, resulting in the acquisition of knowledge and skills, which enable children to access the wider curriculum. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society, including gaining an awareness of British Values. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

## **PSHE Implementation**

EYFS - In the Foundation Stage, PSHE and citizenship is taught as an integral part of topic work and is embedded throughout the curriculum. The objectives taught are based around the Personal, Social and Emotional Development statements from 'Development Matters in the EYFS' and the PSED Early Learning Goals. Children are supported to manage their own emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary. They are also supported to understand the importance of keeping healthy and manage their own personal hygiene and well-being. Through supported interactions with other children they will learn how to make friendships, co-operate and resolve conflicts.

Key Stage 1 and Key Stage 2 - At Key Stage 1 and 2, PSHE is taught through a clear and comprehensive scheme of work in line with the National Curriculum. We ensure we cover the Health and Well-Being, Relationships and Living in the Wider World Learning Opportunities set out in the PSHE Association's Programme of Study, which comprehensively cover the statutory Health Education and Relationships Education guidance.

Pupils are taught PSHE following the Question Based Model of the PSHE Association's Programme Builders for PSHE Education. This scheme builds knowledge and skills around key questions. This is structured around an overarching question for each term or half term. These begin in key stage 1 as 'What?' and 'Who?' questions and build throughout Key Stage 2 into 'Why?' and 'How?' questions. The three core themes from the Programme of Study are fully covered - Health and Wellbeing, Relationships and Living in the Wider World, although some half term blocks will draw on more than one core theme. Teaching builds according to the age and needs of the pupils throughout the primary phase with developmentally appropriate learning objectives for each key question. In addition to Relationships Education, we also teach aspects of Sex Education that is covered in our Science Curriculum. Alongside this we teach about different kinds of relationships, including same sex

relationships, and gender identity because it is important that our children should have an understanding of the full diversity of the world that they live in and be prepared for life in modern Britain.

PSHE is taught in separate PSHE lessons following the scheme of work, but also as part of our cross-curricular topic work. We focus our language in class around our rules of “Ready, Respectful and Safe”, as well as encouraging the use of our “Character Muscles” in everything we do – these are perseverance, curiosity, friendship, self-esteem, independence, courage, self-control, respect, creativity, honesty, listening and empathy. Each week, our assemblies focus on one of these muscles, and pupils are challenged to find and use examples of these in and out of the classroom. Assemblies also link to British Values and SMSC through the use of the Picture News assembly once a week, and visitors complement our PSHE curriculum to offer additional learning opportunities. We encourage our pupils to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community through supporting local and national events.

